HEALTH CARE EDUCATION & SUPPORT

1) AMERICAN CANCER SOCIETY
www.cancer.org

39 Wahconah Street 413-445-0005
P.O. Box 1695 (Can leave message on Tuesday & Friday.)
Pittsfield, MA 01202
Hours: Monday, Wednesday & Thursday - 9 a.m. – 5 p.m.
Patient Support - Marie Barzousky 413-445-2416

Information and referral, advocacy and direct services for individuals and families facing cancer; limited transportation for clients.

2) AMERICAN LUNG ASSOCIATION OF WESTERN MASSACHUSETTS

393 Maple Street 413-737-3506
Springfield, MA 01105 1-800-LUNG
USA
Hours: Monday-Friday, 8:30 a.m.- 4:30 p.m.

Information on issues regarding the lungs and how to prevent/control lung disease, education materials, counseling, smoking cessation programs, day camp for children with asthma, information on environmental air pollutants, radon testing programs. Also offers Better Breathers and Asthmatic Support Groups.

3) AMERICAN RED CROSS – BERKSHIRE COUNTY CHAPTER
www.redcrossberkshirecounty.org

480 West Street 413-442-1506
P.O. Box 644 1-800-332-2030
Pittsfield, MA 01202
Hours: Monday-Friday, 8:30 a.m.- 4:30 p.m.

24-hour assistance for disaster victims, medical transportation, blood services, HIV/AIDS education and assistance for individuals living with HIV/AIDS. Service for the military and their families, homeless prevention services and sheltering. First Aid, CPR, AED, water safety, babysitting and lifeguard education. Nurse assistant training and caregivers program. Food pantry and Berkshires Bounty perishable food distribution. International tracing services. Volunteer development and youth leadership program.
4) BENNINGTON AREA AIDS PROJECT

P.O. Box 1066 802-442-4481
Bennington, VT 05201 1-800-845-2437
(Fax) 1-802-442-4484
NATIONAL AIDS HOTLINE 1-800-342-2437
Hours: Every Evening, 7 - 10 p.m. (to reach a specialist)

Information and referral in all areas dealing with HIV/AIDS, errand service, buddy program, hospital equipment, transportation, subsidized housing for persons with AIDS on SSI, home care, financial support and local support groups for persons with AIDS and their families and friends.

5) BERKSHIRE AIDS COALITION

c/o American Red Cross 413-442-1506
480 West Street 1-800-332-2030
P.O. Box 644
Pittsfield, MA 01202
Hours: Monday-Friday, 8:30 a.m.- 4:30 p.m.

Educational outreach, advocacy and emergency funds for persons infected and affected by HIV/AIDS and their family members.

6) BERKSHIRE AREA HEALTH EDUCATION CENTER (AHEC)

www.berkshireahec.org

60 Charles Street 413-447-2417
Pittsfield, MA 01201 Fax: 413-499-0370
Hours: Monday-Friday, 8:30 a.m.- 5 p.m.

Countywide consultant and planner for health and human services. Continuing education, in-service training, consultation, information and referral.

7) BERKSHIRE BRAIN INJURY SUPPORT GROUP

413-442-4448
Meetings are held at 4:00 p.m. on the second Tuesday of each month at the Berkshire Medical Center Medical Arts Building Center for Rehab on the fifth floor.

There is no fee and all are welcome. This is an independent group; however, it is affiliated with the Massachusetts Brain Injury Association. For information, please call Suzanne Doswell at the above number.
8) BERKSHIRE COALITION TO PREVENT TEEN PREGNANCY
www.teenweb.org
305 North Street 413-448-2279
Pittsfield, MA 01201

Goal of program is to unite youth, families and community leaders in the development of local prevention strategies that promote healthy behavior, responsible decision-making and increased economic, social and educational opportunities for young people between the ages of 10 and 19.

9) BERKSHIRE COUNTY JIMMY FUND
P.O. Box 1139 413-442-3647
Pittsfield, MA 01202 (Cathy Soldo)

Advocates for and offers support to families coping with cancer. Can provide transportation to medical appointments and assist patients in getting medical evaluations/second opinions at the Dana/Farber Cancer Institute in Boston.

10) BERKSHIRE DISTRICT MEDICAL SOCIETY
741 North Street 413-442-9900
Pittsfield, MA 01201
Hours: Monday-Friday, 9 a.m.- 12 p.m.

Listing of physicians in Berkshire County, including specialty; physician referrals for people moving into area; and scholarships for medical school awarded to Berkshire County residents.

11) BERKSHIRE NURSING FAMILIES
P.O. Box 341 413-743-5338
Adams, MA 01220

Comprehensive lactation support program. Provides services to breastfeeding women in northern Berkshire as well as all nursing mothers who deliver at North Adams Regional Hospital, regardless of where in the county they reside. Offers hospital, home and phone consultation, as well as classes and support groups. The above number is a breastfeeding support line.
12) CHILD CARE OF THE BERKSHIRES

P.O. Box 172 413-663-6593
210 State Street From Pittsfield: 413-447-7554
North Adams, MA 01247
Hours: Monday-Friday, 6:30 a.m.- 5:00 p.m.  
(Administrative Hours)

Five centers providing weekday child care for children five weeks to fourteen years old. A family/child system with the following programs:

- **DAY CARE PROGRAMS**
  - **Family Child Care**
    210 State Street, North Adams, MA 01247, 413-664-3256
    150 North Street, Pittsfield, MA 01201, 413-443-0676
  - **Magic Seasons Early Childhood Center**
    1274 Curran Highway, North Adams, MA 01247, 413-664-8471
  - **Monument Square Early Childhood Center**
    210 State Street, North Adams, MA 01247, 413-664-4657
  - **Norman Rockwell Early Childhood Center**
    1350 West Street, Pittsfield, MA 01201, 413-443-3487
  - **South Berkshire Early Childhood Center**
    Main Street, Stockbridge, MA 01262, 413-298-3444
  - **Williams College Children’s Center**
    51 Park Street, Williamstown, MA 01267, 413-458-5168
  - **Young Parents Child Care Program**
    210 State Street, North Adams, MA 01247
    152 North Street, Pittsfield, MA 01201, 413-443-5109

- **COMMUNITY OUTREACH PROGRAMS**
  - **Community Partnership Program**
    210 State Street, North Adams, MA 01247, 413-664-4615
  - **Family Net Northern Berkshire**
    www.familynetfun.com
    210 State Street, North Adams, MA 01247, 413-664-4821
  - **Parenting Partnership Program**
    210 State Street, North Adams, MA 01247, 413-664-4725
  - **Healthy Families Program**
    210 State Street, North Adams, MA 01247, 413-664-6104
    152 North Street, Pittsfield, MA 01201, 413-445-4324

Resources for Child Care (See separate listing in this directory for more information.)
13) COMMUNITY HEALTH PROGRAMS  
(formerly Children’s Health Program)

Administrative Offices: 413-528-9311  
P.O. Box 30, 54 Castle Street  
Great Barrington, MA 01230  
Hours: Monday-Friday, 8 a.m.- 4 p.m.

Programs include the following:

• Community Health Center of the Berkshires  
  Fourth Floor, Fairview Hospital, Great Barrington, MA 01230, 413-528-8580  
  Provides health care services for all ages regardless of income and health insurance  
  status. Open to all residents of Berkshire County. Care coordination for elders and Spanish  
  translation services are available on site.

• Family Support Network of South Berkshire  
  940 South Main Street, Great Barrington, MA 01230, 413-528-0721  
  Provides a variety of services for families with children under five years of age at no  
  charge.

• FIRST STEPS (An Early Intervention Program)  
  54 Castle Street, Great Barrington, MA 01230, 413-528-9311  
  Provides therapeutic resources for children from birth to three years who may have  
  developmental delays and/or disabilities.

• South Berkshire WIC Food and Nutrition Program  
  54 Castle Street, Great Barrington, MA 01230, 413-528-0457  
  Food vouchers/nutritional information for income eligible families with children  
  under five years. Pregnant women and post-partum mothers welcome.

14) ECU-HEALTH CARE

71 Hospital Avenue 413- 663-8711  
North Adams, MA 01247  
Contact: Chip Joffe-Halpern

Ecu-Health Care is a health care access organization whose mission is to help North  
County residents obtain health care services. Services include outreach and case-management to  
help residents enroll in all public health programs. Also offers a reduced fee health care access  
program, through the voluntary efforts of the physicians of North Berkshire, available to income  
eligible residents of North Berkshire and Southern Vermont who are not eligible for a public  
health insurance program. Director Halpern welcomes volunteers/interns to help with tracking  
and followup of referrals to health care programs.
15) HOSPICECARE IN THE BERKSHIRES, INC.
www.hospicecareintheberkshires.org

369 South Street 413-443-2994
Pittsfield, MA 01201
Hours: Monday-Friday, 8:30 a.m.- 4:30 p.m.

PO Box 428 413-528-4786
27 Pleasant Street
Great Barrington, MA 01230
(Call to confirm hours.)

Specialized palliative medical services for individuals who are terminally ill and support for their families; services provided in homes, nursing homes, assisted living facilities and hospitals. Community grief support programs for children, teens and adults. Education and information on Advance Care Planning, end of life care and bereavement. Medicare certified and licensed, CHAP accredited.

16) NAMI-BC – NATIONAL ALLIANCE FOR THE MENTALLY ILL OF BERKSHIRE CO.

333 East Street, Room 417 413-443-1666 or 877-443-1666 (toll free)
Pittsfield, MA 01201 (Answering Machine)
E-mail: namibc@berkshire.net
Hours: Monday-Thursday, 10:00 a.m.- 3:00 p.m.
Late afternoons/evenings by appointment.

Family-led support and advocacy group for families and friends of persons with major brain disorders. Family advocates are available for support, advocacy, information and education on an individual and group basis. Holds monthly meetings.

17) NATIONAL MULTIPLE SCLEROSIS SOCIETY/WESTERN MASSACHUSETTS OFFICE

60 Federal Street 800-493-9255
Millers Falls, MA 01349

PO Box 1463 413- 659-3343
Greenfield, MA 01302

Hours: Monday-Friday, 9 a.m.- 5 p.m.
101a First Ave. Suite 6 800-493-9255
Waltham, MA 02451-1115

Provides information and referral relating to services, education, treatment, support and training available to individuals with multiple sclerosis and their families. Also offers support group meetings in Berkshire County.
18) NATIONAL MULTIPLE SCLEROSIS SOCIETY/WESTERN MASSACHUSETTS OFFICE

60 Federal Street 800-493-9255
Millers Falls, MA 01349

PO Box 1463 413- 659-3343
Greenfield, MA 01302

Hours: Monday-Friday, 9 a.m.- 5 p.m.
101a First Ave. Suite 6 800-493-9255
Waltham, MA 02451-1115

Provides information and referral relating to services, education, treatment, support and training available to individuals with multiple sclerosis and their families. Also offers support group meetings in Berkshire County.

19) NEIGHBORHOOD HEALTH CENTER

510 North Street 413-447-2351
Pittsfield, MA 01201
Hours: Monday-Friday, 9:00 a.m.- 4:30 p.m.

Located in the complex at 510 North Street in Pittsfield, the Neighborhood Health Center provides primary care, educational, preventative, health promotion, counseling, and treatment services to families and individuals from age 14 years and older. Services include adult and adolescent medicine, STD and HIV testing, HIV support group and counseling. Patients are seen by appointment only. Most forms of insurance are accepted, and for those without health insurance, payment plans are available.

20) NORTHERN BERKSHIRE COMMUNITY COALITION

85 Main Street, Suite 624 413-663-7588
North Adams, MA 01247

Comprised of health and human service organizations, professionals, clergy, and concerned community members, including youth, who network, inform, determine gaps in services and define new services needed. Also concerned with the public health of the Northern Berkshire community. Provides programs and events for community participation, particularly for neighborhoods and for youths.
21) PROJECT H.E.R.O.A.

P.O. Box 3569 413-447-2378
Pittsfield, MA 01202-3569
Hours: Monday-Thursday, 10:30 a.m. – 3:30 p.m.

Project H.E.R.O.A. is part of the Women’s Health Network. The project is funded primarily through the Massachusetts Department of Public Health. Project H.E.R.O.A. is a screening program for income-eligible, uninsured and under-insured Berkshire County area women between the ages of 40 and 64, although some women 18 and over may be eligible for services. Through this project, eligible women can receive free breast cancer screening (mammograms, clinical breast exams, breast self-exam teaching) and cervical cancer screening (pap test and annual gynecological exam). Diagnostic tests, such as additional mammograms, breast ultrasound, colposcopy, and breast and cervical biopsies are also available for women with symptoms or whose screening test results suggest that additional testing is necessary.

22) STATE CLINICS

510 North Street, Suite 18 413-447-2654
Pittsfield, MA 01201
Hours: Varied; please call for information.

Information/referral and educational outreach. Special clinics as follows: sexually transmitted disease testing (by appointment Monday-Thursday); tuberculosis clinic (by appointment second Thursday of each month); and anonymous HIV testing (walk-in service available Tuesday 9:00 a.m.-1:00 p.m. and testing available other times by appointment.)

23) TAPESTRY HEALTH SYSTEMS

100 Wendell Avenue, Suite 1 413-443-2844
Pittsfield, MA 01201

Hours: Monday-Friday, 9 a.m.- 5 p.m.
85 Main Street, Suite 328 413-663-8846
North Adams, MA 01247
(Part-time site; call for hours.)

321 Main Street 413-528-4238
Great Barrington, MA 01230
(Part-time site; call for hours.)

Clinics: Tuesday in Pittsfield, Wednesday in Great Barrington, Thursday in North Adams

Information, referral and education on services available relating to sexual health and family education. Pregnancy testing and counseling relating to gynecological care, pregnancy, birth control options, sexually transmitted disease testing including HIV, and annual routine gynecological testing. Referral for adoption, prenatal care and abortion. Men and women of all ages are eligible. Accepts Mass Health and offers a sliding fee scale for self-payers.
24) UNITED CEREBRAL PALSY ASSOCIATION OF BERKSHIRE COUNTY, INC.
www.ucp.org

141 North Street 413-442-1562
Pittsfield, MA 01201

57 Main Street, Suite 214 413-664-9345
North Adams, MA 01247

Hours: Monday-Friday, 8 a.m.- 5 p.m. and other hours by appointment

Advocacy and other services for children and adults with physical, developmental and learning disabilities and their families. Programs consist of advocacy, assistive technology, wheelchair repair clinic, loaner program of durable medical equipment, computer evaluations, computer training and individual and family support.

25) WOMEN, INFANTS & CHILDREN NUTRITION PROGRAM (WIC)

Hillcrest Campus, Berkshire Medical Center 413-445-9429
165 Tor Court
Pittsfield, MA 01201
Hours: Monday-Thursday, 8 a.m.- 4:30 p.m., Friday, 8 a.m.- 4 p.m.

85 Main Street 413-663-3012
North Adams, MA 01247
Hours: Tuesday-Thursday, 8 a.m.- 4:30 p.m., Friday, 8 a.m.- 4 p.m.

25 First Street 413-448-2611
Pittsfield, MA 01201
Hours: Monday-Thursday, 8 a.m.- 4:30 p.m., Friday, 8 a.m.- 4 p.m.

Food and nutrition counseling for pregnant and postpartum women and parents of children up to age five with low to moderate income. Food vouchers available. (See also Children’s Health Program and First Congregational Church for information on WIC in southern Berkshire County.)