ELDER ASSISTANCE

1) ADAMS HOUSING AUTHORITY

4 Columbia Street 413-743-5924
Adams, MA 01220
Hours: Monday-Friday, 8 a.m.- 5 p.m.

Maintains subsidized units for individuals and families with low and moderate incomes and persons who are elderly and/or disabled; subsidizes some rental apartments under Section 8 and under the Massachusetts 705 program.

2) ADULT FAMILY CARE & GROUP ADULT FOSTER CARE

c/o: Elder Services of Berkshire County, Inc. 413-499-0524
66 Wendell Avenue
Pittsfield, MA 01201

For elders who are Medicaid-eligible and need supportive services, Adult Family Care or Group Adult Foster Care may be able to help. Adult Family Care places elders in private homes with families who provide housing, meals, and help with activities of daily living. Group Adult Foster Care participants live in certified assisted living facilities, and receive supervision and supportive services from facility staff. Both programs provide regular follow-up from an R.N. and a social worker.

3) COMMUNITY HEALTH PROGRAMS
(formerly Children’s Health Program)

Administrative Offices: 413-528-9311
P.O. Box 30, 54 Castle Street
Great Barrington, MA 01230
Hours: Monday-Friday, 8 a.m.- 4 p.m.

Programs include the following:

- **Community Health Center of the Berkshires**
  - Fourth Floor, Fairview Hospital, Great Barrington, MA 01230, 413-528-8580

  Provides health care services for all ages regardless of income and health insurance status. Open to all residents of Berkshire County. Care coordination for elders and Spanish translation services are available on site.

- **Family Support Network of South Berkshire**
  - 940 South Main Street, Great Barrington, MA 01230, 413-528-0721

  Provides a variety of services for families with children under five years of age at no charge.
• **FIRST STEPS (An Early Intervention Program)**  
  - 54 Castle Street, Great Barrington, MA 01230, 413-528-9311
  
  Provides therapeutic resources for children from birth to three years who may have developmental delays and/or disabilities.

• **South Berkshire WIC Food and Nutrition Program**  
  - 54 Castle Street, Great Barrington, MA 01230, 413-528-0457
  
  Food vouchers/nutritional information for income eligible families with children under five years. Pregnant women and post-partum mothers welcome.

4) **COMMUNITY LUNCH**

*Guthrie Center 413-528-1955*  
*4 Van Deusenville Road*  
*Housatonic, MA 01236*

Provides free lunch each Wednesday from noon – 2 p.m. to anyone who needs a nutritious meal.

5) **DALTON HOUSING AUTHORITY**

*Pinegrove Manor 413-684-2493*  
*293 High Street*  
*Dalton, MA 01226*  
*Hours: Monday-Friday, 9:15 a.m.- 1:15 p.m.*

Provides government subsidized housing for eligible citizens, including elderly and

6) **ELDER SERVICES OF BERKSHIRE COUNTY. INC.**

*www.esbci.org*  
*66 Wendell Avenue 413-499-0524*  
*Pittsfield, MA 01201*  
*Hours: Monday-Friday, 8 a.m.- 5 p.m.*

Services for elders 60 years and older. Case management, information and referral, homemaker/personal care, home health services, nutrition, “Meals on Wheels” program, housing, adult family care, ombudsmen (advocacy for elderly patients in long term care facilities) and money management program. Nursing home prescreening, protective services, employment opportunities for elders, volunteer opportunities (transportation, shopping and companionship) and transportation resources. Support group for family caregivers of the elderly.
7) EXPERIENCE WORKS

215 North Street 413-443-3515
Pittsfield, MA 01201
*Hours: Monday-Friday, 9:00 a.m.- 5:00 p.m.*
55 Lake Street (State office for New England) 978-630-1203
Gardner, MA 01440
*Hours: Monday-Friday, 8 a.m.- 4:30 p.m.*

A federally funded program providing training and assistance in finding unsubsidized employment for individuals 55 years or older who are income eligible.

8) GREAT BARRINGTON HOUSING AUTHORITY

2 Gibbons Drive 413-274-1142
Great Barrington, MA 01230

State-subsidized public housing. 64 units for elderly and 16 units for families.

9) HOMEOWNER OPTIONS FOR MASSACHUSETTS ELDERS (HOME)

*Berkshire County Regional Housing Authority 413-443-7138*
150 North Street
Pittsfield, MA 01201
*Hours: Monday-Friday, 9 a.m.- 5 p.m.*

A comprehensive housing counseling service to help low and moderate income elderly homeowners make informed housing decisions. Assists elders in identifying a wide variety of options in planning for their immediate and future housing needs, home repair, social service, legal assistance, and follow-up.

10) JEWISH FEDERATION OF THE BERKSHIRES

235 East Street 413-442-4360
Pittsfield, MA 01201
*Hours: Monday-Thursday, 9 a.m.- 5 p.m.*
*Friday, 9 a.m.- 3 p.m.*

Provides community, educational, social and cultural programs. Also offers kosher lunch program and social services for elders, 60 years and older. Home delivered meals available in the greater Pittsfield area. New social work services program available to homebound, seniors, individuals and families seeking counseling services from a Jewish perspective. *(See also New American Citizenship Coalition.)*
11) LENOX HOUSING AUTHORITY

6 Main Street 413-637-5585
Lenox, MA 01240
Hours: Monday-Thursday, 9 a.m.- 3 p.m.

Low income state-subsidized housing, one- and two-bedroom units for elderly and handicapped and two- and three-bedroom units for family and handicapped.

12) MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES OF THE BERKSHIRES
www.mhsab.com

333 East Street
Pittsfield, MA 01201
413-499-0412
24-HOUR CRISIS EMERGENCY SERVICE AT ABOVE NUMBER
Hours: Monday – Friday, 8:30 a.m. – 5:00 p.m.
(Evening hours available)

Comprehensive, countywide outpatient mental health and substance abuse services, with over 500 employees in 28 locations, including specialized services for children, adults and seniors. Services include 24-hour crisis services, transitional, halfway, and supported housing programs. Also include individual, group, family and couples therapy, forensic services, driver alcohol education, batterer's treatment, and substance abuse educational support groups, early intervention services, adult day health programs, outreach services, and consultation to schools and community groups. Locations as follows:

- **Outpatient & Psychiatric Services:**
  - Berkshire Mental Health Center, 333 East St., Pittsfield, MA 01201, 413-499-0412
  - Family Center of the Berkshires, 741 North St., Pittsfield, MA 01201, 413-447-2145
  - Main Street Human Resources, 60 Cottage St., Great Barrington, MA 01230, 413-528-9155
  - Northern Berkshire Counseling Center, 25 Marshall St., North Adams, MA 01247, 413-664-4541

- **Substance Abuse Services:**
  - Outpatient Services:
    - 131 Bradford St., Pittsfield, MA 01201, 413-499-1000
    - 165 Tor Court, Pittsfield, MA 01201, 413-445-9160
    - 25 Marshall St., North Adams, MA 01247, 413-664-4541
    - 60 Cottage St., Great Barrington, MA 01230, 413-528-9155
    - All other services, call 413-499-1000

- **Child/Adolescent Services:**
  - A Central, 251 Fenn St., Pittsfield, MA 01201, 413-496-9671
  - A North, 25 Marshall St., North Adams, MA 01247, 413-664-4541
  - South Forty, 25 Marshall St., North Adams, MA 01247, 413-664-4541
  - Options for Youth, 74 Second St., Pittsfield, MA 01201, 413-496-9671
  - Early Intervention, 25 Marshall St., North Adams, MA 01247, 413-662-3315
13) NORTH ADAMS HOUSING AUTHORITY

P.O. Box 666 413-663-5379
150 Ashland Street
North Adams, MA 01247
Hours: Monday-Friday, 8 a.m.- 4:30 p.m.
Closes Wednesday at noon.

Subsidized housing for individuals, families, elderly and disabled. Assistance based on income. Elderly housing has 15 units that are handicapped accessible.

14) PITTSFIELD HOUSING AUTHORITY

65 Columbus Avenue 413-443-5936
Pittsfield, MA 01201
Hours: Monday-Friday, 8:30 a.m.- 4 p.m.

Subsidized housing services for families and the elderly in the Pittsfield area. Call for an appointment to apply for housing under Section 8 or in a family or elderly project.

15) RETIRED & SENIOR VOLUNTEER PROGRAM (RSVP)

330 North Street 413-499-9345
Pittsfield, MA 01201
Hours: Monday-Friday, 8:30 a.m.- 4 p.m.

Volunteer opportunities for persons who are 55 years of age and older.

16) SHINE PROGRAM (SERVING HEALTH INSURANCE NEEDS OF ELDERS)

c/o: Elder Services of Berkshire County, Inc. 413-499-0524
66 Wendell Avenue 1-800-544-5242
Pittsfield, MA 01201

The SHINE Program offers free information, counseling and assistance to help Medicare beneficiaries understand benefits, billing, claims, appeals and all available insurance options. (See also Lee Council on Aging and Lenox Council on Aging.)
17) SOUTHERN BERKSHIRE ELDERLY TRANSPORTATION CORPORATION

909 Main Street 413-528-4773
Great Barrington, MA 01230
Hours: Monday-Friday, 8 a.m.- 4 p.m.

Lift-equipped van transportation for the elderly and disabled people of any age in South County to and from Claire W. Teague Senior Center and meal site, shopping, medical and dental appointments, adult day health care, etc. throughout South County.

18) STOCKBRIDGE HOUSING AUTHORITY

P.O. Box 419 413-298-3222
Stockbridge, MA 01262
Hours: Monday – Friday 9 a.m. - 2 p.m.

State-assisted housing for elderly and disabled persons. Please call for application.

19) WILLIAMSTOWN HOUSING AUTHORITY

35 Adams Road 413-458-8282
Williamstown, MA 01267 413-458-5483
Hours: Monday-Friday, 8 a.m.- 2 p.m.

Subsidized housing for elderly and low-income families and individuals.

(See also COUNCILS ON AGING/SENIOR CITIZENS and VISITING NURSES)